

PUBLIC HEALTH NUTRITION
To improve the nutritional health of Slough children

School Nutrition Network
Co-ordinates healthy eating work in schools and Early Years Settings
at an operational level

Catering for Health
All Healthy Schools
should have award

Food Awareness Week
All Healthy Schools
should participate

**SLOUGH
HEALTHY SCHOOLS
PROGRAMME**

Smiling for Life
All Healthy Schools
should have award

**National Child
Measurement
programme**

Mission Healthy Eating
Target school identified
from survey data

SCHOOL FOOD SURVEY
Results form basis of Healthy
Schools Plan and provide
feedback on progress

**Packed Lunch
Workshops & Assemblies**
Offered with
survey results

**Targeted
interventions
to reduce
childhood obesity**

Healthy Lifestyles &
Change 4 Life
(Physical Activity
after school clubs)
Let's Get Going

**Education
Sessions**

Teeth sessions
Oral Health Promotion

Healthy eating sessions
School Nurses

Weaning sessions
Health Visitors

**Skills based
Projects**

Summer School
Cook Project

What's Cooking

Cookery clubs in
Children's Centres